

Chronic Care Professional (CCP) Certification

“While the world is experiencing a rapid transition from acute diseases to chronic health problems, training of the healthcare workforce, however, relies on early 20th century models that emphasize diagnosis and treatment of acute diseases.”

WHO, *Preparing a 21st Century Health Care Workforce* (2005)



Preparing for Success in the New Health Care Environment

Today, chronic conditions are the primary threats to health and account for over 75% of health care spending in the US. According to the World Health Organization (WHO) and the Institute of Medicine (IOM), preventing and managing chronic diseases require new practice models and new competencies for all health care professionals. These new WHO and IOM interdisciplinary competencies are the foundations of CCP.

The Only Nationally Recognized Chronic Care & Health Coaching Certification

CCP is now required or recommended by leading health plan, provider, and purchaser organizations. CCP is offered in partnership with DMAA: The Care Continuum Alliance. The award-winning CCP program is helping professionals apply innovative patient-centered wellness and disease management strategies, improve adherence with evidence-based care, collaborate across settings and disciplines, and engage patients through motivational interviewing (MI) and coaching strategies that reflect the science and best practices of health psychology and behavioral medicine.

Newly Updated & Revised 4th Edition

The 4th Edition of the CCP program features the contributions of an interdisciplinary professional advisory board, and incorporates five years of evaluation data from partner organizations and participants. Evidence-based guideline summaries and tools for over 25 chronic diseases and conditions, MI protocols for patient engagement and activation, and a web-based KnowledgeSpace with the largest online library of MI video demonstrations and patient vignettes have also been added.

Live and Web-Based Delivery Options for Individuals & Organizations

The CCP program may be completed by individuals and teams via the web-based CCP KnowledgeSpace, or, through a blended learning format (1.5 day live program and web-based program) for teams of 25 or more. Organizations are eligible for CCP staff accreditation--demonstrating to purchasers and consumers that staff have completed a standardized, evidence-based curriculum and passed a national examination in accordance with the recommendations of the IOM and WHO.

Tuition & Certification Examination Fees

The fee for the 40-hour program, comprehensive manual, and certification examination is \$1,295.00. Continuing education hours are approved for nurses, physicians and pharmacists. Association and organization partners are eligible for reduced tuition fees. HealthSciences Institute is pleased to offer tuition support to community-based volunteer and patient support organizations.

Learn more at www.HealthSciences.org or email CCP@HealthSciences.org

CCP Program Curriculum (4th Edition)

Evaluating Health Care Performance

- Health Care Improvement Solutions
- Chronic Care Improvement

Population Health Improvement Solutions

- Wellness and Disease Prevention
- Disease Management
- Case Management
- Health Improvement Foundations
- Outcomes Measures and Standards

Chronic Diseases & Age-Related Conditions

- The Big Five Chronic Diseases
- Key Chronic Diseases and Conditions
- Age-Related Conditions
- Issues of Late-Life

The Partnership Model of Care

- Self-Care and Adherence Support
- Whole Person Care
- Health Literacy Improvement
- Cultural Competence

Health Behavior Change Facilitation

- Orientation to Health Behavior Change
- Models of Behavior Change Facilitation
- Change Communication
- Behavior Change Facilitation Steps

Health Promotion and Coaching

- Orientation to Health Coaching
- Diet and Nutrition
- Obesity and Weight Management
- Physical Activity and Fitness
- Self-Care for Caregivers